

○ Family Support Centers (famirī sapōto sentā)

Family support centers bring together people who need help looking after their children and people willing to provide that help. Both parties must register at a family support center.

■ Becoming a Member

Anyone living or working in Izumo city can become a member. You can apply to become a member at any family support center.

Members are divided into the following categories:

- Onegai members: Those who need help with children up to 12 years of age
- Makasete members: Those who can help (qualification, experience and gender does not matter)
- Docchimo members: Those who both need help and can help others

■ Forms of Assistance

- Escorting children to and from a childcare facility or club activities.
- Temporarily looking after children at the member's house, etc.

■ Support Cost (30 min/child)

Standard: If you require assistance with more than one child at the same time, the cost of the service is halved starting with the second child (excluding sick children). The halved payments are refunded by the city according to application by the Makasete member.	Weekdays 7:00–19:00	300 yen
	Early morning, late at night	400 yen
	Saturdays, Sundays, national holidays	
	New Year period	400 yen
Sick children: (Mild fever or other illness that the Makasete member can handle)	★1 ★2	400 yen

★1 If your child is sick, make sure you get instructions for care from the hospital and give them to the Makasete member.

★2 In case of injuries, sudden high fever or other severe symptoms or contagious diseases, you cannot use the Makasete service for escorting to and from daycare/other activities.

■ Center Reception Hours

Monday to Friday 8:30–17:00 (closed on Saturdays, Sundays, national holidays and New Year's holidays)

■ Applying & Inquiries

● Izumo Family Support Center Main Office

Address: 693-0021 at Izumo Parenting Support Center, Enya-cho 641-9 Tel. 30-1261 (also fax)

E-mail: kosodate@local.city.izumo.shimane.jp

● Izumo Family Support Center Hirata Branch

Address: 691-0001 Hirata-chō 2112-1 inside Hirata Childcare Support Center (Hirata Kosodate Shien Sentā)

Tel. 63-4466 (also fax)

E-mail: famisapo-h@local.city.izumo.shimane.jp

● Izumo Family Support Center Hikawa Branch

Address: 699-0505 Hikawa-chō Kamishobara 1760-1 inside Mamenaga Ichibankan

Tel. 73-7375 Fax: 73-7376

E-mail : famisapo-hw@local.city.izumo.shimane.jp