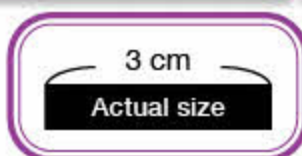


## » Waste Sorting at a Glance (alphabetical)

This chart gives general examples of waste items and their disposal methods. Items of the same type may be sorted into different categories depending on their size and material.

※ Please use the mark on the right to check if metal pieces are over 3 cm.

※ Items with "depending on size" in the Disposal Method / Hints column should be disposed of based on the following guidelines:



Items which fit into a designated garbage bag, 10 kg or less (6 kg or less for small bags, 3 kg or less for extra small)	Place into designated garbage bag
Items up to 1 meter in any direction, with the height/width/depth totaling up to 2 meters, weighing up to 20 kg.	Affix a Shredded Waste Collection Seal or a Landfill Waste Disposal Seal
Items up to 2 m x 1.2 m x 1 m, weighing up to 50 kg	Affix a Bulky Waste Collection Seal

Waste Item	Category	Disposal Method / Hints
<b>A</b> Absorbent pet toilet pads	Burnable Waste	Remove excrement before disposing.
Agricultural machinery (home gardening)	Shredded Waste	Lawnmowers (with oil removed) and smaller items are accepted. May require a Bulky Waste Collection Seal depending on size.
Air conditioning units (Home Appliance Recycling Law items)	Prohibited	Covered by the Home Appliance Recycling Law, and therefore not collected by the city. Consult with a home appliance store regarding disposal (p. 12).
Air pumps	Shredded Waste	
Air purifiers	Shredded Waste	
Aluminum foil (large items)	Shredded Waste	Items such as disposable foil baking dishes or trays.
Aluminum foil (small items)	Burnable Waste	Items such as foil cupcake liners, cups for bento side dishes, etc.
Aluminum foil pill packaging	Burnable Waste	
Aluminum sash for windows or doors	Bulky Waste	May be able to use a Landfill Waste Collection Seal (sash with glass) or a Shredded Waste Collection Seal (sash without glass) depending on size. See chart at the top of p. 27.
Animal prevention net (agricultural use)	Prohibited	Considered Industrial Waste, and therefore not collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyō Hozen-ka) for details. (TEL 0853-21-1197)
Antennae	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Aquariums, water tanks (glass)	Landfill Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Aquariums, water tanks (plastic)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Artificial flowers (containing wire)	Shredded Waste	
Artificial grass	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per piece of artificial grass.
Ashes (from a hearth or from burning wood, charcoal, or straw)	Landfill Waste	Place into a separate bag, write "ha" on it, and place in a Landfill Waste Bag.
<b>B</b> Baby carriages, strollers	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Backpacks (randoseru)	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Metal pieces are Shredded Waste, and fabric parts are Burnable Waste. If you cannot detach metal pieces, dispose of the whole item as Shredded Waste.
Bags (purses, cases, pouches)	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Zippers over 3 cm do not need to be removed. Bags with metal pieces that cannot be removed should be treated as Shredded Waste.
Ballpoint pens	Shredded Waste	
Balls (metal)	Shredded Waste	Pétanque balls, etc.
Balls (plastic or vinyl)	Burnable Waste	Golf balls, baseballs, softballs, volleyballs, etc.
Bamboo mats	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per mat. *Includes rattan mats.
Bamboo or rattan blinds (horizontal)	Burnable Waste	May require a Burnable Waste Collection Seal or Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Bamboo plants	Burnable Waste	Limited to a diameter of 5 cm/item. Items up to 50 cm in length may be disposed of in a Burnable Waste Bag. Items 50 cm - 1 m in length should be bundled together and tied with rope. Affix a Burnable Waste Collection Seal to bundles up to 50 cm in diameter. Items with a diameter of 5 - 20 cm should be brought to Izumo Energy Center (if 1 m in length or shorter).
Bats (baseball or cricket)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size.
Bath heaters, bathtubs (from DIY demolition)	Bring directly to a Non-Burnable Waste processing facility	Bring directly to a non-burnable waste processing facility as Shredded Waste (see p. 22 - 23). If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyō Hozen-ka) for details. (TEL 0853-21-1197)
Bathroom scales	Shredded Waste	

Waste Item	Category	Disposal Method / Hints
Bathtub lids	Shredded Waste	May require a Bulky Waste Collection Seal depending on size.
Batteries	Used Dry Batteries (Recyclable)	See p. 13 for information on disposing of batteries.
Bean bag chairs/cushions	Burnable Waste	If small enough to fit in a garbage bag, if the cover is torn, or if you are only disposing of the filling, write "biizu kushon" next to your name on the Burnable Waste Bag when putting out for collection. Items with an intact cover that are too large to fit in a garbage bag require a Burnable Waste Collection Seal or Bulky Waste Collection Seal to be attached.
Bed frames	Bulky Waste	
Belts	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Belts with metal pieces that cannot be removed should be treated as Shredded Waste.
Bento boxes	Shredded Waste	
Beverage cans	Drink Cans (Recyclable)	Aluminum and steel cans can go in the same bag.
Bicycle/unicycle tires (rubber parts only)	Burnable Waste	
Bicycle/unicycle tires (wheels and rubber parts)	Shredded Waste	
Bicycles	Bulky Waste	Children's bicycles, folding bicycles, and other bicycles 1 meter or less at the longest point can be disposed of with a Shredded Waste Collection Seal.
Binders, paper files	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Items with metal pieces that cannot be removed should be treated as Shredded Waste.
Blades	Shredded Waste	Wrap in newspaper or other paper, write "hamono" on the outside, and place into a Shredded Waste Bag.
Blankets	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per electric blanket.
Blenders, hand mixers, food processors	Shredded Waste	Glass parts are Landfill Waste.
Blinds	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Blood pressure monitors (electronic type)	Shredded Waste	
Blood pressure monitors (mercury type)	Used Dry Batteries (Recyclable)	Place into a transparent or translucent bag, write your name on it, and put out for collection on the Landfill Waste collection day.
Boards (plasterboard, etc. from DIY demolition)	Landfill Waste	If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
Bodyweight scales	Shredded Waste	
Bolts, nuts, screws, etc.	Shredded Waste	
Books, magazines	Paper (Recyclable)	Tie up multiple items with a string, and bring to a paper recycling station (p. 16 - 17). You may also sell them to a used book store.
Bowls (ceramic)	Landfill Waste	
Bowls (wooden, plastic)	Shredded Waste	
Box cutter (incl. blade and casing)	Shredded Waste	Wrap in newspaper or other paper, write "katta" on the outside, and place into a Shredded Waste Bag.
Box cutter blades	Landfill Waste	Wrap in newspaper or other paper, write "katta no ha" on the outside, and place into a Landfill Waste Bag.
Bricks (from DIY demolition)	Landfill Waste	If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
Broken glass or ceramics	Landfill Waste	Wrap broken glass or ceramics in newspaper or other paper, write "wareta garasu" on the outside, and place into a Landfill Waste Bag.
Brooms	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Buckets	Shredded Waste	
Buddhist memorial tablets	Prohibited	Contact a specialty disposal service.
Bug bombs/mold bomb foggers (metal)	Shredded Waste	Only dispose after using.
Bug bombs/mold bomb foggers (plastic)	Burnable Waste	Only dispose after using.
Butsudan, household altar	Prohibited	Contact a specialty disposal service.
Button cell batteries	Bring to City Hall, or to the store when buying replacements	Disposal sites will differ depending on the model number. See p. 13 for information on disposing of batteries.
Buttons (metal)	Shredded Waste	Metal buttons alone (i.e., not attached to clothing) are treated as Shredded Waste.
Buttons (plastic)	Burnable Waste	
<b>C</b> Calculators	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.
Cameras	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.



Waste Item	Category	Disposal Method / Hints
Candles	Burnable Waste	
Cans (food cans)	Shredded Waste	Non-recyclable.
Cans (for beverages)	Drink Cans (Recyclable)	Aluminum and steel cans can go in the same bag (see p. 12).
Cans (non-beverage)	Shredded Waste	Use up the contents of portable gas cylinders and spray cans before disposing.
Cans of formula/powdered milk	Shredded Waste	Non-recyclable.
Canteens, water bottles	Shredded Waste	Straps are Burnable Waste.
Car batteries (all automotive batteries)	Prohibited	Contact a specialty disposal service.
Car GPS devices	Shredded Waste	
Cardboard	Paper (Recyclable)	Tie up multiple items with a string, and bring to a paper recycling station (p. 16 - 17). Remove metal pieces and adhesive tape.
Carpets	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per carpet. *Includes bamboo and rattan mats.
Cassette player radios	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.
Cassette tapes	Burnable Waste	
Cat litter	Landfill Waste	Paper litter is Burnable Waste.
CD/Cassette player radio	Shredded Waste	
CDs	Shredded Waste	
Cellphones (including smartphones)	Bring to City Hall, or to the store where it was purchased.	See p. 26 for more information.
Chairs	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Charcoal briquettes, charcoal	Burnable Waste	
Charging plugs for cellphones	Shredded Waste	
Child car seats	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Clay (paper clay, flour clay, oil-based clay)	Burnable Waste	Soil clay and sand clay are Landfill Waste.
Clay (soil clay, sand clay)	Landfill Waste	Paper clay, flour clay, and oil-based clay are Burnable Waste.
Clocks	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.
Clothes drying poles, supports	Shredded Waste	Use a Shredded Waste Collection Seal for items 1 meter or shorter. You must use 1 Seal per item. Use a Bulky Waste Collection Seal for items over 1 meter, shorter than 2 meters. You may use 1 Seal for up to 5 items.
Clothing	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Zippers over 3 cm do not need to be removed. Items that are still wearable should be brought to a secondhand clothing shop, or to one of the city's Used Clothing Collection events.
Clothing dryers (Home Appliance Recycling Law items)	Prohibited	Covered by the Home Appliance Recycling Law, and therefore is not collected by the city. Consult with a home appliance store regarding disposal (p. 24).
Clothing storage cases	Shredded Waste	Remove all contents before disposing. May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Coffee makers	Shredded Waste	Glass parts are Landfill Waste.
Comic books, novels	Paper (Recyclable)	Tie up multiple items with a string, and bring to a paper recycling station (p. 16 - 17). You may also sell them to a used book store.
Computer mouses	Shredded Waste	If the item has batteries, remove them. See p. 13 for information on disposing of batteries.
Computers	Prohibited	Contact the manufacturer or another organization. Start by consulting with PC3R Promotion Association. (TEL 03-5282-7685) (Website: <a href="https://pc3r.jp/">https://pc3r.jp/</a> )
Construction blocks (from DIY demolition)	Landfill Waste	If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
Cooking oil (non-plant-based; lard, etc.)	Burnable Waste	Use a solidifying agent or soak up with cloth or paper before disposing.
Cooking oil (plant-based)	Cooking Oil (Recyclable)	If at all possible, bring to one of the collection tanks maintained by the city (see p. 14). If you cannot bring to a collection tank, use a solidifying agent or soak up with cloth or paper and dispose as Burnable Waste.
Cooking pots (ceramic, glass)	Landfill Waste	
Cooking pots (metal, enamel)	Shredded Waste	
Corrugated garden borders (agricultural use)	Prohibited	Considered Industrial Waste, and therefore not collected by the city. Consult with JA about disposal.
Cosmetics bottles (glass)	Landfill Waste	Non-recyclable.
Crates for alcohol bottles (sake, beer, etc.)	Shredded Waste	Return to the store where it came from, if at all possible.

Waste Item	Category	Disposal Method / Hints
Crayons	Burnable Waste	
Curtain rails	Shredded Waste	You must use 1 Shredded Waste Collection Seal for each curtain rail. May require a Bulky Waste Collection Seal depending on size (see chart at the top of p. 27). 1 Bulky Waste Collection Seal may be used for up to 5 curtain rails.
Curtains	Burnable Waste	Fold up and place in a Burnable Waste Bag. Metal pieces are Shredded Waste.
Cushions	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per cushion.
Cutlery	Shredded Waste	Wrap in newspaper or other paper, write "hamono" on the outside, and place into a Shredded Waste Bag.
Cutting boards	Shredded Waste	
<b>D</b> Dehumidifiers	Shredded Waste	Contact a specialty service to dispose of items that use CFC gas.
Dehumidifying agents (desiccants)	Burnable Waste	If water has collected, drain before disposal. Hard plastic containers are Shredded Waste.
Dentures	Shredded Waste	
Desk mats	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per desk mat.
Desks	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Diapers (disposable)	Burnable Waste	Remove excrement before disposing (flush down the toilet).
Dish cupboards	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Dish dryers, dish drying racks	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Disposable chopsticks	Disposable Chopsticks (Recyclable)	Wash and dry well before disposing (p. 14). Bamboo, lacquered, and plastic chopsticks are Burnable Waste.
Dolls	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste.
Doors, windows, shōji, fusuma	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Dressers, cabinets	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Drink cartons	Paper (Recyclable)	Wash, cut open, dry, and bring to a paper recycling station (p. 16 - 17). If the inner surface is coated in aluminum foil, dispose as Burnable Waste.
Drinking glasses	Landfill Waste	Non-recyclable.
Dryers (for clothing; Home Appliance Recycling Law items)	Prohibited	Covered by the Home Appliance Recycling Law, and therefore not collected by the city. Consult with a home appliance store regarding disposal (p. 12).
Dryers (for futons, shoes, or dishes)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Drying agents (for food)	Burnable Waste	
Drying rack stands (concrete)	Bulky Waste	If a set of 2 stands is 50 kg or less, you may use 1 Bulky Waste Collection Seal for both of them together. If disposing of only one stand, you may be able to use a Landfill Waste Collection Seal depending on its size and weight.
Drying racks stands (plastic)	Shredded Waste	Items into which sand or water are placed as weights.
Drywall (from DIY demolition)	Landfill Waste	To prevent asbestos contamination, put items in a transparent plastic bag and tie it tightly closed before placing into a Landfill Waste Bag. If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
Dustpans	Shredded Waste	
DVD players	Shredded Waste	
DVDs	Shredded Waste	
<b>E</b> Earbuds	Shredded Waste	
Electric blankets, electric carpets	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per electric blanket/carpet. Cut off control consoles and electrical cords, and dispose of them as Shredded Waste.
Electric cords	Shredded Waste	Coil before disposing.
Electric fans	Shredded Waste	Remove batteries from handheld fans and other battery-powered fans. See p. 13 for information on disposing of batteries. May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Electric hand warmer	Shredded Waste	
Electric wheelchairs, mobility scooters	Prohibited	Contact a specialty disposal service.
Electrical adapters	Shredded Waste	



Waste Item	Category	Disposal Method / Hints
Electrical appliances	Shredded Waste	If the item has batteries, remove them. See p. 13 for information on disposing of batteries. Air conditioners, televisions, refrigerators, freezers, washing machines, and dryers are covered by the Home Appliance Recycling Law. Contact a home appliance retailer about disposal (see p. 24). Contact manufacturers for information on recycling computers.
Electrically assisted bicycles	Bulky Waste	Remove batteries.
Electronic cigarettes	Shredded Waste	
Electronic organ	Bulky Waste	Items up to 2 m x 1.2 m x 1 m, weighing up to 50 kg.
Emergency blankets	Landfill Waste	Fold up, write "bōsai shiito" on it, and place in a Landfill Waste Bag. If it does not fit in a Landfill Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Landfill Waste Collection Seal before putting out for collection.
Enamel cookware	Shredded Waste	
Extension cords	Shredded Waste	Coil before disposing.
F	Fabrics	Burnable Waste
	Fan heaters	Shredded Waste
	Fax machines	Shredded Waste
	Fertilizer (home gardening)	Burnable Waste
	Fire extinguisher	Prohibited
	Fireworks (unused)	Prohibited
	Fishing net	Prohibited
	Fishing rods (carbon fiber)	Shredded Waste
	Fishing rods (glass fiber)	Landfill Waste
	Flashlights	Shredded Waste
	Floor chairs	Shredded Waste
	Floor cushions	Burnable Waste
	Floppy discs	Shredded Waste
	Flowerpots, planters (ceramic)	Landfill Waste
	Flowerpots, planters (plastic)	Shredded Waste
	Fluorescent lights	Used Fluorescent Lights (Recycle)
	Fluorescent lights (broken)	Landfill Waste
	Flyers	Paper (Recyclable)
	Foil food pouches	Burnable Waste
	Folding fans	Burnable Waste
	Food scraps (organic waste)	Burnable Waste
	Food storage containers (ceramic or glass)	Landfill Waste
	Food storage containers (metal or enamel)	Shredded Waste
	Food storage containers (plastic)	Burnable Waste
	Footwear	Burnable Waste
	Frames (for photos, etc.)	Shredded Waste
	Freezers (Home Appliance Recycling Law items)	Prohibited
	Frying oil	Cooking Oil (Recyclable)
	Frying pans	Shredded Waste
	Furniture	Bulky Waste
	Futon covers	Burnable Waste
	Futon dryers	Shredded Waste

Waste Item		Category	Disposal Method / Hints
	Futons	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per futon.
G	Galvanized sheet iron (from DIY demolition)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size and weight. See chart at the top of p. 27. If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hosen-ka) for details. (TEL 0853-21-1197)
	Gaming systems	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.
	Gas cylinders	Prohibited	Contact a disposal service specializing in gas cylinders.
	Gas stoves	Shredded Waste	
	Glass bottle lids (metal)	Shredded Waste	
	Glass bottle lids (plastic)	Burnable Waste	
	Glass bottles (beverages, foods, medications, oral medicine)	Glass Bottles (Recyclable)	Remove the lid and wash out the inside before disposing. Unwashed bottles cannot be recycled. Bottles for oil, and bottles which cannot be cleaned are Landfill Waste. Return beer bottles and sake bottles to their stores if at all possible. If you cannot return them to the store, dispose as Glass Bottles (Recyclable). See p. 12 for details.
	Glass bottles and containers (for oils, cosmetics, flavored seaweed, etc.; non-recyclable glass)	Landfill Waste	Broken glass bottles; bottles for cosmetic products, pesticides, cooking oil, and flavored seaweed. Use up the contents before disposing. Cannot be disposed with Glass Bottles (Recyclable). See p. 12 for details.
	Glass wool (from DIY demolition)	Landfill Waste	If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. If used in agriculture, consult with JA about disposal.
	Glasses, sunglasses	Shredded Waste	Items with glass lenses are Landfill Waste.
	Glue	Burnable Waste	Allow to dry, and place into a Burnable Waste Bag.
	Golf bags	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. If disposing of golf clubs with a bag, refer to the "golf set" entry.
	Golf clubs	Shredded Waste	Must use 1 Shredded Waste Collection Seal per club. If disposing of golf clubs with a bag, refer to the "golf set" entry.
	Golf sets	Bulky Waste	Bundle 1 set (including clubs) together and affix 1 Bulky Waste Collection Seal.
	Grass cuttings	Burnable Waste	Up to 4 bags may be disposed per collection. If you have more than 4 bags to dispose of, bring them to Izumo Energy Center.
	Grass, fallen leaves	Burnable Waste	Remove mud before disposing.
	Gravestones	Prohibited	Contact a special disposal service.
	Gunpowder and other explosives	Prohibited	Contact a specialty disposal service.
	Gutters	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
H	Hair spray	Shredded Waste	Use up contents before disposing.
	Hand tools	Shredded Waste	
	Hangers	Shredded Waste	
	Hard plastic items	Shredded Waste	Plastic bento boxes, toys, wash basins, buckets, hangers, and the pumps from shampoo and other such bottles.
	Headphones	Shredded Waste	
	Heated carpets	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per carpet. Cut off control consoles and electrical cords, and dispose of them as Shredded Waste.
	Heaters (kerosene, wood, electric)	Shredded Waste	Remove kerosene and batteries before disposing. See p. 13 for information on disposing of batteries. May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
	Helmets	Shredded Waste	
	Hibachi heaters/stoves (ceramic)	Landfill Waste	Metal hibachi are Shredded Waste.
	Hoes (gardening tool)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
	Hose (no metal parts)	Burnable Waste	
	Hose (with wire)	Landfill Waste	Coil before disposing.
	Hose reels	Shredded Waste	
	Hot plates	Shredded Waste	
I	Ice packs	Burnable Waste	
	Inflatable pools	Burnable Waste	Fold and place in a Burnable Waste Bag. Pools that are too large to fit into a Burnable Waste Bag may be cut into pieces and placed into multiple bags.
	Ink cartridges from ink jet printers	Shredded Waste	Recycle at boxes located in stores, if at all possible.
	Ink ribbons from word processors	Burnable Waste	
	Insect repellent containers (for clothes closets)	Burnable Waste	
	Insecticide spray	Shredded Waste	Use up contents before disposing.



Waste Item	Category	Disposal Method / Hints
Ironing boards	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Irons	Shredded Waste	
Items made with diatomaceous earth	Prohibited	Consult with the store where it was purchased. If you do not know where it was purchased, inquire with the Environmental Facilities Division (TEL 0853-21-6988).
<b>J</b> Jam jars	Glass Bottles (Recyclable)	Remove the lid and wash out the inside before disposing. Unwashed jars cannot be recycled.
Juicer/Blender	Shredded Waste	Glass parts are Landfill Waste.
<b>K</b> Kairo (heat packs; disposable)	Burnable Waste	Only dispose after using.
Kerosene canisters or tanks (metal, plastic)	Shredded Waste	Remove kerosene before disposing.
Kettles	Shredded Waste	
Keyboards (computer)	Shredded Waste	If the item has batteries, remove them. See p. 13 for information on disposing of batteries.
Keyboards (musical instrument)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Knives	Shredded Waste	Wrap in newspaper or other paper, write "naitu" on the outside, and place into a Shredded Waste Bag.
Kotatsu	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27. If disposing of the frame and tabletop at the same time, tie them together with a rope and dispose as 1 item.
Kotatsu blankets	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per blanket.
<b>L</b> Ladders	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Landline telephones	Shredded Waste	
Laptop computers	Prohibited	Contact the manufacturer or another organization. Start by consulting with PC3R Promotion Association. (TEL 03-5282-7685) (Website: <a href="https://pc3r.jp/">https://pc3r.jp/</a> )
Lawnmowers	Bulky Waste	Remove fuel and oil before disposing.
Leather goods	Burnable Waste	Shoes, bags, jackets, etc. Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Zippers over 3 cm do not need to be removed. Metal pieces are Shredded Waste, and fabric parts are Burnable Waste. Items with metal pieces that cannot be removed should be treated as Shredded Waste.
LED lightbulbs	Shredded Waste	Glass items are Landfill Waste. Write "LED" on bulbs with an oil-based marker before placing into a Landfill Waste Bag. Decorative lights should be coiled before disposal.
Lightbulbs	Landfill Waste	
Lighters	Shredded Waste	Use up the gas completely before disposing.
Lighting equipment	Shredded Waste	Lightbulbs are Landfill Waste, fluorescent lights are Recyclable (put out on Landfill Waste collection day).
Lipstick	Shredded Waste	
Liquids	Prohibited	Sort containers by their material.
Lithium-ion batteries	Bring to City Hall, or to the store when buying replacements	See p. 13 for information on disposing of batteries.
Lockers	Shredded Waste	
Lumber (from DIY demolition)	Bring directly to Izumo Energy Center	Items up to 20 cm in height/width and 2 m in length can be brought to Izumo Energy Center. Items with metal pieces 3 cm or less are allowed. Items with metal pieces larger than 3 cm should be brought to a Non-Burnable Waste processing facility (p. 20 - 23). If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
<b>M</b> Magazines, books, miscellaneous paper materials	Paper (Recyclable)	Bring to a paper recycling station (see p. 16 - 17). Non-recyclable papers are Burnable Waste. Non-recyclable papers include: Photographic prints, photo albums, thermal paper, washi paper, oiled paper, carbon paper, plastic-coated paper, wax paper (e.g., paper cups, rice bags), stickers and their backing paper, foil cartons (paper sake boxes, etc.).
Magnetic mattresses	Landfill Waste	If it does not fit in a Landfill Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Landfill Waste Collection Seal before putting out for collection. You must use 1 seal per magnetic mattress. Because these items contain magnets, they cannot be disposed as Burnable Waste.
Magnets	Shredded Waste	Magnetic sheets are Landfill Waste.
Massagers, massage chairs	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Matches	Prohibited	Used matches are Burnable Waste.
Mayonnaise bottles (plastic)	Burnable Waste	Glass containers are Landfill Waste.
Medical waste (home use, items with infection risk)	Prohibited	To dispose of syringes, hypodermic needles, and other sharp objects, consult with a pharmacy, drugstore, or the medical facility that provided them.
Medical waste (home use, items with no infection risk)	Burnable Waste	Tubing, nutrient packs, etc.
Medication tubes (metallic)	Landfill Waste	Caps are Burnable Waste.

Waste Item	Category	Disposal Method / Hints
Medication tubes (plastic)	Burnable Waste	
Medications	Prohibited	Contact a specialty disposal service. Oral medicine is Burnable Waste.
Menstrual products (e.g., pads and tampons)	Burnable Waste	
Metal barrels	Prohibited	Consult with a service specializing in metal recycling.
Microscopes	Shredded Waste	
Microwave ovens	Shredded Waste	May require a Bulky Waste Collection Seal depending on size and weight. See chart at the top of p. 27.
Milk cartons	Paper (Recyclable)	Wash, cut open, dry, and bring to a paper recycling station (p. 16-17).
Mini components	Shredded Waste	
MiniDiscs, LaserDiscs	Shredded Waste	
Mirrors	Landfill Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Mortar (from DIY demolition)	Landfill Waste	Small amounts only. If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
Motor oil	Prohibited	Contact a specialty disposal service.
Motorcycles (two-wheeled vehicles excl. bicycles)	Prohibited	Bring to a store that recycles used motorcycles. Start by consulting with the Motorcycle Recycling Call Center (TEL 050-3000-0727), and check the Japan Automobile Recycling Promotion Center website ( <a href="http://www.jarc.or.jp/motorcycle/">http://www.jarc.or.jp/motorcycle/</a> ).
Musical instruments	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
<b>N</b> Nail clippers	Shredded Waste	
Nails	Shredded Waste	Place in an envelope, write "kugi" on the outside, and place into a Shredded Waste Bag.
Needles	Shredded Waste	Place in an envelope, write "han" on the outside, and place into a Shredded Waste Bag.
Netting	Burnable Waste	Plastic or cotton netting should be folded up and disposed as Burnable Waste. Metal netting is Shredded Waste.
Newspaper inserts	Paper (Recyclable)	Tie up multiple items with a string, and bring to a paper recycling station (p. 16 - 17).
Newspapers	Paper (Recyclable)	Tie up multiple items with a string, and bring to a paper recycling station (p. 16 - 17).
Nickel-cadmium or nickel-metal hydride batteries	Bring to City Hall, or to the store when buying replacements.	See p. 13 for details.
<b>O</b> Oil heaters	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Oral medicine	Burnable Waste	For other types of medicine, see "Medications".
Organ (musical instrument)	Bulky Waste	Items up to 2 m x 1.2 m x 1 m, weighing up to 50 kg.
Ovens (incl. microwave, gas)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size and weight. See chart at the top of p. 27.
<b>P</b> Packing string	Burnable Waste	
Paint cans	Shredded Waste	Use up the paint before disposing.
Paint tubes (metal)	Landfill Waste	Caps are Burnable Waste.
Paint tubes (plastic)	Burnable Waste	
Paints	Prohibited	Contact a specialty disposal service such as a paint store.
Paper clay	Burnable Waste	Clay made of paper and glue. Soil clay and sand clay are Landfill Waste.
Paper cups	Burnable Waste	Non-recyclable.
Paper drink boxes	Paper (Recyclable)	Wash, cut open, dry, and bring to a paper recycling station (p. 16-17). If the inner surface is coated in aluminum foil, dispose as Burnable Waste.
Paper drink boxes (with aluminum inner surfaces)	Burnable Waste	
Paper fans	Burnable Waste	
Paper sake boxes	Burnable Waste	May be recycled if the inner surface is not coated in aluminum foil.
Partition screens	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Pens (water-based and oil-based)	Shredded Waste	
Pesticide bottles (home gardening)	Landfill Waste	Use up the contents before disposing. Products used for agriculture are considered Industrial Waste, and therefore not collected by the city. Consult with JA about disposal.
Pesticides, agricultural chemicals	Prohibited	Contact a specialty disposal service.
PET bottle lids and labels	Burnable Waste	
PET bottles	PET Bottles (Recyclable)	Remove the cap and label, and wash the inside thoroughly.
Pet excrement	Burnable Waste	Please flush down your home toilet if possible. If you cannot, place excrement into a separate bag within the Burnable Waste Bag. Small amounts only.



Waste Item	Category	Disposal Method / Hints
Pet remains	Bring directly to Izumo Energy Center	There is a cremation fee of 3,142 yen/animal. Contact the Izumo Energy Center for details (TEL 0853-21-3885, see p. 20 - 21).
Photo albums	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. If you cannot detach metal pieces, dispose of the whole item as Shredded Waste.
Pianos	Prohibited	Contact a specialty disposal service.
Pickling rice bran	Burnable Waste	Dried materials, in small amounts only.
Pickling salt/starter	Burnable Waste	Dried materials, in small amounts only.
Pillows	Burnable Waste	For buckwheat pillows and straw-chip pillows, write "sobagara makura" or "sutorō chippu makura" next to your name on the Burnable Waste Bag when putting out for collection. If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection.
Pipe-based bed frames	Bulky Waste	
Pipes (metal or plastic)	Shredded Waste	
Planters (plastic)	Shredded Waste	
Plastic bags	Burnable Waste	
Plastic buckets	Shredded Waste	
Plastic canisters (for fuel, water, etc.)	Shredded Waste	Remove kerosene or other contents before disposing.
Plastic containers (detergent, flavored seaweed, herbicides, shampoo, etc.)	Burnable Waste	Use up contents before disposing. Pump-tops are Shredded Waste.
Plastic food packs	Burnable Waste	Plastic items only. White styrofoam trays should be returned to the collection area at supermarkets for recycling.
Plastic hoses	Burnable Waste	
Plastic litter boxes (pet toilets)	Shredded Waste	
Plastic pesticide containers (home gardening)	Burnable Waste	Use up the contents before disposing. Products used for agriculture are considered Industrial Waste, and therefore not collected by the city. Consult with JA about disposal.
Plastics used in agriculture (vinyl, polyethylene)	Prohibited	Considered Industrial Waste, and therefore is not collected by the city. Consult with JA about disposal.
Plates (ceramic)	Landfill Waste	
Porcelain items	Landfill Waste	
Portable chargers	Shredded Waste	
Portable gas cylinders	Shredded Waste	Use up contents before disposing.
Portable gas stoves	Shredded Waste	
Portable toilet	Shredded Waste	Remove excrement before disposing (flush down the toilet). May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Postcards	Burnable Waste	Non-recyclable.
Potted plants	Burnable Waste	Remove mud before disposing. Limited to a diameter of 5 cm/item. Items up to 50 cm in length may be disposed of in a Burnable Waste Bag. Items 50 cm - 1 m in length should be bundled together and tied with rope. Affix a Burnable Waste Collection Seal to bundles up to 50 cm in diameter. Items with a diameter of 5 - 20 cm should be brought to Izumo Energy Center (if 1 m in length or shorter). (p. 20 - 21)
Pottery, earthenware, etc.	Landfill Waste	
Potty chairs (plastic)	Shredded Waste	
Pouches (bags, cases)	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Zippers over 3 cm do not need to be removed. Items with metal pieces that cannot be removed should be treated as Shredded Waste.
Powdered milk can	Shredded Waste	Non-recyclable.
Printer ribbons	Burnable Waste	
Printers	Shredded Waste	May require a Bulky Waste Collection Seal depending on size.
Pruning scraps	Burnable Waste	Limited to a diameter of 5 cm/item. Items up to 50 cm in length may be disposed of in a Burnable Waste Bag. Items 50 cm - 1 m in length should be bundled together and tied with rope. Affix a Burnable Waste Collection Seal to bundles up to 50 cm in diameter. Items with a diameter of 5 - 20 cm should be brought to Izumo Energy Center (if 1 m in length or shorter). (p. 20 - 21)
Purses (bags, pouches)	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. Zippers over 3 cm do not need to be removed. Bags with metal pieces that cannot be removed should be treated as Shredded Waste.
<b>R</b> Radios	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.
Rainboots	Burnable Waste	
Raincoats	Burnable Waste	
Ramune bottles	Glass Bottles (Recyclable)	Remove the lid and wash out the inside before disposing. Unwashed bottles cannot be recycled. There is no need to remove the plastic part at the lip of the bottle.
Rattan furniture	Bulky Waste	

Waste Item	Category	Disposal Method / Hints
Razors (blade only)	Landfill Waste	Wrap in newspaper or other paper, write "kamisori no ha" on the outside, and place into a Landfill Waste Bag.
Razors (incl. blade and casing)	Shredded Waste	Wrap in newspaper or other paper, write "kamison" on the outside, and place into a Shredded Waste Bag.
Rechargeable batteries (nickel-cadmium batteries, nickel-metal hydride batteries, and lithium-ion batteries)	Bring to City Hall, or to the store when buying replacements.	See p. 13 for details.
Records	Shredded Waste	
Reed or bamboo blinds (vertical)	Bulky Waste	May be able to use a Burnable Waste Collection Seal depending on size. See chart at the top of p. 27. If it cannot be rolled, folded, or cut to 2 meter or less on each side, it will not be collected by the city. Consult with an approved general waste collection and transport service (see p. 39).
Refrigerators (Home Appliance Recycling Law items)	Prohibited	Covered by the Home Appliance Recycling Law, and therefore is not collected by the city. Consult with a home appliance store regarding disposal (p. 24).
Remote controls	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries.
Resin balls	Landfill Waste	Bowling balls, etc.
Rice bags	Burnable Waste	Non-recyclable.
Rice cookers	Shredded Waste	
Road flares	Prohibited	Used road flares are Burnable Waste. To dispose of unused road flares, consult with an auto parts store or an automobile maintenance service.
Roof tiles (from DIY demolition)	Landfill Waste	If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hosen-ka) for details. (TEL 0853-21-1197)
Room dividers	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Ropes	Burnable Waste	
Rubber hosing	Burnable Waste	
Rubber mats	Burnable Waste	
Rugs	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per rug. *Includes bamboo and rattan mats.
<b>S</b> Safes (fireproof)	Prohibited	Contact a specialty disposal service.
Safes (non-fireproof)	Shredded Waste	
Safety glasses, goggles	Shredded Waste	Items with glass lenses are Landfill Waste.
Sake lees (waste from producing sake)	Burnable Waste	Small amounts of dried lees only.
Salad dressing bottles (glass)	Landfill Waste	Bottles for non-oil-based dressings which can be washed out completely are Empty Glass Bottles (Recyclable). Plastic bottles are Burnable Waste.
Sauce bottles (glass bottles for oily sauces)	Landfill Waste	
Saws	Shredded Waste	Wrap in newspaper or other paper, write "nokogiri" on the outside, and place into a Shredded Waste Bag.
Scissors	Shredded Waste	Wrap in newspaper or other paper, write "hasami" on the outside, and place into a Shredded Waste Bag.
Screws, bolts, nuts, etc.	Shredded Waste	
Scrub brushes, scouring brushes	Shredded Waste	Items without metal parts are Burnable Waste.
Seedling boxes (agricultural use)	Prohibited	Considered Industrial Waste, and therefore not collected by the city. Consult with JA about disposal.
Sewing machines	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Sheets	Burnable Waste	Fold and place into a Burnable Waste Bag.
Shellfish shells	Burnable Waste	
Shelving units (plywood)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Shichirin (portable charcoal grills)	Landfill Waste	
Shinai (bamboo sword)	Shredded Waste	You must use 1 Shredded Waste Collection Seal per sword. May require a Bulky Waste Collection Seal depending on size. You may use 1 Bulky Waste Collection Seal for up to 5 swords.
Shoe driers	Shredded Waste	
Shoes (excluding steel-toed boots and spikes)	Burnable Waste	Remove metal pieces larger than 3 cm. and dispose as Shredded Waste. Shoes with non-removable metal pieces (steel-toed boots, spikes) should be treated as Shredded Waste.
Shoji (sliding paper door)	Bulky Waste	May be Shredded Waste depending on size.
Shredded papers	Burnable Waste	Write "shredded gomi" next to your name on the garbage bag when putting out for collection.
Shredders (machines for shredding)	Shredded Waste	
Signal flares (smoke candles for cars)	Prohibited	Used flares are Burnable Waste.



Waste Item	Category	Disposal Method / Hints	
Sinks, washstands	Bulky Waste	Items over the size limit for Bulky Waste are not collected by the city. Consult with an approved general waste collection and transport service (see p. 39).	
Skewers (bamboo)	Burnable Waste	Wrap in newspaper to prevent sharp pieces from sticking out.	
Ski boots	Shredded Waste		
Skis	Bulky Waste	1 set (2 skis and 2 poles) can be disposed of with 1 Bulky Waste Collection Seal.	
Slate (from DIY demolition)	Landfill Waste	To prevent asbestos contamination, put items in a transparent plastic bag and tie it tightly closed before placing into a Landfill Waste Bag. If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyō Hozen-ka) for details. (TEL 0853-21-1197)	
Slatted wood	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.	
Sleeping mats	Burnable Waste	If it does not fit in a Burnable Waste Bag, fold it so that it is 1 meter or less on each side, tie with a string, and affix a Burnable Waste Collection Seal before putting out for collection. If it cannot be folded to 1 meter or less on each side, affix a Bulky Waste Collection Seal before putting out. You must use 1 seal per mat.	
Snowboard boots	Shredded Waste		
Snowboards	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.	
Soap (bar or powder)	Burnable Waste		
Sofa beds	Prohibited	Consult with an approved general waste collection and transport service (see p. 39).	
Sofas	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.	
Soft plastic items	Burnable Waste	Plastic egg cartons, shopping bags, and soap and shampoo bottles.	
Soft toys, stuffed animals	Burnable Waste	Remove metal pieces larger than 3 cm and dispose as Shredded Waste. If the item has batteries, remove them.	
Soy sauce, cooking wine, etc.	Burnable Waste	Soak up with newspaper or cloth and dispose. Will not be collected in liquid form.	
Speakers	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.	
Sponges	Burnable Waste		
Sport rackets (tennis, ping pong, etc.)	Shredded Waste		
Spray cans	Shredded Waste	Use up contents before disposing.	
Spring mattresses	Prohibited	Will not be collected as-is. Consult with an approved general waste collection and transport service (see p. 39). If you can remove the springs, they are Bulky Waste, and the remaining fabric/padding is Burnable Waste.	
Steel wool sponges	Landfill Waste	Used in the kitchen and for other household cleaning.	
Steel-toed boots	Shredded Waste		
Stereos	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.	
Stockings, tights	Burnable Waste		
Stone for making pickles	Landfill Waste		
Stove splash guards/stove covers	Landfill Waste	Dirtyed items are Landfill Waste, and unused items are Shredded Waste.	
Strollers, baby carriages	Shredded Waste	May require a Bulky Waste Collection Seal depending on size.	
Styrofoam	Burnable Waste	Place into a Burnable Waste Bag, breaking down into smaller pieces as needed. Can be left whole if bringing directly to Izumo Energy Center.	
Suitcases	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.	
Surfboards	Bulky Waste	If over 2 meters long, will not be collected by the city. Contact an approved general waste collection and transport service (see p. 39).	
Swim goggles	Shredded Waste	Items with glass lenses are Landfill Waste.	
T	Tables	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
	Tablets (electronic)	Shredded Waste	
	Tarps	Burnable Waste	Fold and place into a Burnable Waste Bag. Remove metal pieces larger than 3 cm and dispose as Shredded Waste.
	Tatami mats	Bulky Waste	Pieces larger than 90 cm x 90 cm must be disposed of with a Bulky Waste Collection Seal (2 mats allowed per seal). Half mats and smaller may be disposed of with a Burnable Waste Collection Seal (1 mat per seal). For direct disposal to a processing facility, bring to Izumo Energy Center.
	Thermometers (electronic)	Shredded Waste	
	Thermometers (mercury)	Used Dry Batteries (Recyclable)	Place into a transparent or translucent bag, write your name on it, and put out for collection on the Landfill Waste collection day.
	Thermoses, vacuum flasks	Shredded Waste	
	Tires (automobile)	Prohibited	Contact a specialty disposal service.
	Toaster ovens	Shredded Waste	
	Toasters	Shredded Waste	

Waste Item	Category	Disposal Method / Hints
Toilets (ceramic only, from DIY demolition)	Landfill Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27. If dismantled by a commercial service, treated as industrial waste and will not be collected by the city. Contact the Izumo Health Center's Environmental Conservation Division (Kankyo Hozen-ka) for details. (TEL 0853-21-1197)
Toilets (incl. with bidets attached)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27. Ceramic pieces are Landfill Waste.
Toothbrushes	Burnable Waste	Electric toothbrushes and toothbrushes with a metal handle are Shredded Waste.
Toothpaste tubes (plastic)	Burnable Waste	Metal toothpaste tubes are Landfill Waste.
Toys	Shredded Waste	Remove batteries. See p. 13 for information on disposing of batteries. May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Trays (paper and/or plastic)	Burnable Waste	White styrofoam trays should be returned to the collection area at supermarkets for recycling.
Treadmills	Bulky Waste	
Tree branches	Burnable Waste	Limited to a diameter of 5 cm/item. Items up to 50 cm in length may be disposed of in a Burnable Waste Bag. Items 50 cm - 1 m in length should be bundled together and tied with rope. Affix a Burnable Waste Collection Seal to bundles up to 50 cm in diameter. Items with a diameter of 5 - 20 cm should be brought to Izumo Energy Center (if 1 m in length or shorter). (p. 20 - 21)
Tree roots	Landfill Waste	May require a Bulky Waste Collection Seal depending on size.
Tricycles (for children)	Shredded Waste	May require a Bulky Waste Collection Seal depending on size.
Tripods	Shredded Waste	May require a Bulky Waste Collection Seal depending on size.
TVs (Home Appliance Recycling Law items)	Prohibited	Covered by the Home Appliance Recycling Law, and therefore is not collected by the city. Consult with a home appliance store regarding disposal (p. 24).
<b>U</b>		
Umbrellas (hard, non-fabric parts)	Shredded Waste	Separate the fabric/plastic canopy from the hard skeleton before disposing. The hard parts are disposed as Shredded Waste, and the fabric or plastic canopy as Burnable Waste. When disposing of the hard skeleton, it is okay if pieces are sticking out of the Shredded Waste Bag. This applies only to umbrella parts; all other items sticking out of garbage bags will not be collected.
Undergarments	Burnable Waste	
Unicycles	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
<b>V</b>		
Vacuum cleaners	Shredded Waste	Remove batteries from cordless and other battery-powered vacuum cleaners. See p. 13 for information on disposing of batteries. May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
VCR (Video cassette recorder)	Shredded Waste	
Video games	Shredded Waste	
Video tapes	Burnable Waste	
Vinyl sheets and pipes for agricultural greenhouses	Prohibited	Considered Industrial Waste, and therefore is not collected by the city. Contact a specialty disposal service.
Vinyl sheets, tarps	Burnable Waste	Fold and place in a Burnable Waste Bag.
<b>W</b>		
Walking sticks, canes	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Wash bowls (plastic)	Shredded Waste	
Wash stands (ceramic)	Landfill Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Wash stands (plastic)	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Washing machines (Home Appliance Recycling Law items)	Prohibited	Covered by the Home Appliance Recycling Law, and therefore is not collected by the city. Consult with a home appliance store regarding disposal (p. 12).
Waste oil	Prohibited	Contact a special disposal service.
Water dispensers	Bulky Waste	Depending on size, may be able to dispose in a Shredded Waste Bag, or with a Shredded Waste Collection Seal. See chart at the top of p. 27.
Water heater tanks (not containing asbestos)	Bulky Waste	Items up to 2 m x 1.2 m x 1 m, weighing up to 50 kg.
Water heaters	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Wheels (automobile)	Shredded Waste	Tires are prohibited. Contact a specialty disposal service.
Wheelbarrows	Bulky Waste	
Wheelchairs	Shredded Waste	May require a Bulky Waste Collection Seal depending on size. See chart at the top of p. 27.
Window screens	Bulky Waste	May be able to use a Shredded Waste Collection Seal depending on size. See chart at the top of p. 27.
Wire	Shredded Waste	Long pieces of wire should be coiled before disposal. Twist ties are also Shredded Waste.
Wire brush	Shredded Waste	
Wood shavings, wood scraps (5 cm or less in all dimensions, with no metal pieces over 3 cm)	Burnable Waste	Limited to a diameter of 5 cm/item, with metal pieces limited to 3 cm. Use a Burnable Waste Bag if items fit, or (depending on size) a Shredded Waste Collection Seal/Bulky Waste Collection Seal if they do not. For information on disposing of other wooden items, see p. 10, 18, 21, and 23.
Wooden grave tablet	Prohibited	Contact a specialty disposal service.
Word processors	Shredded Waste	
Wristwatches	Shredded Waste	Remove batteries, if possible. See p. 13 for information on disposing of batteries.