

Abolish Prejudice and Discrimination Related to Novel Coronavirus!

We are all facing anxieties about coronavirus.

It is precisely in these times that we should encourage and support one another, building a society where we can all live peacefully.

No matter the situation, we cannot forgive discrimination and abuse.

Slander, libel, and inconsiderate statements towards infected patients, their close contacts, medical workers, and the families of these people on social media and other platforms is a violation of their human rights.

This prejudice and discrimination discourages people from getting tested, and undermines the prevention of viral spread.

In order to stop prejudice and discrimination, we must:

Act with composure

As you work to prevent yourself from being infected, you must not engage in conduct that attacks infected people.

Gather reliable information

Focus on accurate information from national, prefectural, and municipal sources. Do not be fooled by rumors and social media posts from unaccountable sources.

Stop yourself from becoming an aggressor

Imagine yourself in the other person's situation. Do not spread unreliable information, and do not align yourself with discriminatory words or behavior.

Be grateful

There are many people working to treat the virus and to prevent its spread, and to maintain a normal life. Give thanks for these people, and respect their efforts.

Cherish your relationships

You'll be spending more time at home. This is an opportunity to deepen your connections with your family and other people around you, and to make your home a place for peace and relaxation.

Consult if you are worried

If there is anything troubling you, do not suffer alone. Reach out to the people around you, and consult with any one of the available consultation services.