

○Night & Holiday Medical Consultation

(yakan • kyūjitsu shinryō)

1. Arrange to have a family doctor, and use their normal opening hours if at all possible.

Deciding on a clinic for your family to use regularly makes it easy to keep track of your health and consult a doctor when necessary.

If you are able to use the normal reception times, you can be sure the clinic has the necessary staff and equipment at hand.

2. If someone in your family becomes ill during holidays or at night, first consult with a medical professional.

1) If you are able to reach your family doctor at these times, contact them.

2) Use the Children's Medical Phone Consultation Service.

If hospitalization or care by a specialist is considered necessary by the phone service's medical professional, go to a general hospital.

3. Guide to the Izumo Holiday & Night Medical Clinic

Izumo Holiday & Night Medical Clinic is equipped to give first-aid treatment in sudden, comparatively mild cases of illness.

Practicing members of the Izumo Doctors' Association and Shimane University Hospital take turns on duty at the clinic.

Address: Enya Zenko-cho 1 ☎ 22-5543

Temporary parking spaces are available.

【Weekday Nights】

Open days: Monday-Friday (excluding public holidays and New Year's holidays)

Reception times: 19:30 - 21:30

Departments: Pediatrics only

【Holidays】

Open days: Sundays, public holidays, and New Year's holidays (December 31 - January 1)

Reception times: 9:00 - 11:00 (9:30 - 11:00 on January 1)

13:30 - 16:00 (13:00 - 14:00 on December 31)

Departments: Pediatrics, internal medicine

〈Please be aware when using this service:〉

- Treatment of injuries and other surgical procedures can not be done.
- The clinic provides temporary first-aid only, so please go to your family doctor on the following day.
Futhermore, if medicine is prescribed, usually only a one day portion is given.

4. Guide to Emergency Hospitals

| Name of hospital | Address | Tel. |
|--------------------------------------|-----------------------------|-------------|
| Shimane University Hospital | Enya-cho 89-1 | 23-2111 |
| Shimane Prefectural Central Hospital | Himebara-cho 4 chome 1-1 | 22-5111 |
| Izumo Citizens' Hospital | Enya-cho 1536-1 | 21-2722 |
| Izumo City General Medical Center | Nadabun-cho 613 | 63-5111 |
| Izumo Tokushukai Hospital | Hikawa-cho Naoe 3964-1 | 73-7000 |