

☆ Overview of Parenting Support Services from Pregnancy to 18 Years of Age

	1st Trimester	2nd Trimester	3rd Trimester	Newborn	1 Month	2 Months	3 Months	4 Months	9-10 Months	1 Year	18 Months	2 Years	3 Years	4 Years	5 Years	1st - 3rd Grade	4th - 6th Grade	Junior High	High School
Forms	○Pregnancy registration・Mother and Child Health Handbook			○Birth registration (within 14 days of birth) ○Enrollment in National Health Insurance (within 14 days of birth)															
	○Issuance of Priority Parking permit (7 months pregnant onwards)																		
Money	○Issuance of Shimane Childrearing Support Passport (Coccolo) (expecting mother card) (only when expecting first child)																		
	○Infertility/Recurrent Miscarriage Treatment			○Shimane Childrearing Support Passport (Coccolo) (families with children)															
				○Lump-sum Allowance for Childbirth & Nursing (application period)															
				○Child Allowance (within 15 days from the day after e.g. the birth of your child or from moving into Izumo city)															
				○Infant Medical Fee Aid (until the child is enrolled in school)															
				○Medical Aid for Premature Infants															
Child-care				○Authorized Nursery Schools & Certified Childcare Centers (Services: infant care・extended care・holiday care・temporary care・care of disabled children)															
				○Small-Scale Nurseries															
				☆Authorized Daycare Centers, Business-Led Nursery Schools, other daycare facilities															
				○Care of Sick & Recuperating Children (until 6th grade)															
				○Family Support Centers															
				○Short-term Childcare Support Program															
				○Kindergarten (incl. extended hours)															
				○After-school activities at childcare centers															
Classes etc.	○Baby Care Classes (7-9 months pregnant)																		
	☆Maternity Aqua			○Baby Food Classes															
				○Childcare Support Centers															
			○Parenting Circles & Forums																

○...A service provided by Izumo City or where Izumo City Hall acts as a contact.

☆...Services not provided by Izumo City or where Izumo City Hall is not the contact

**Introducing the Suku Suku Izumo Parenting App**

Suku Suku Izumo Parenting App offers the following functions. Please use the QR code to download the app.

- Notifications, scheduling support and reminders for managing vaccinations
- A chart to graph your child's growth
- Information about necessary procedures for daycare, local facilities, events, etc.
- A record of milestones paired with photos to create precious memories

Download the Suku Suku Izumo Parenting App here

