

To the Moms and Dads of Izumo



大好き☆出雲!



For full support from pregnancy and birth, throughout childhood

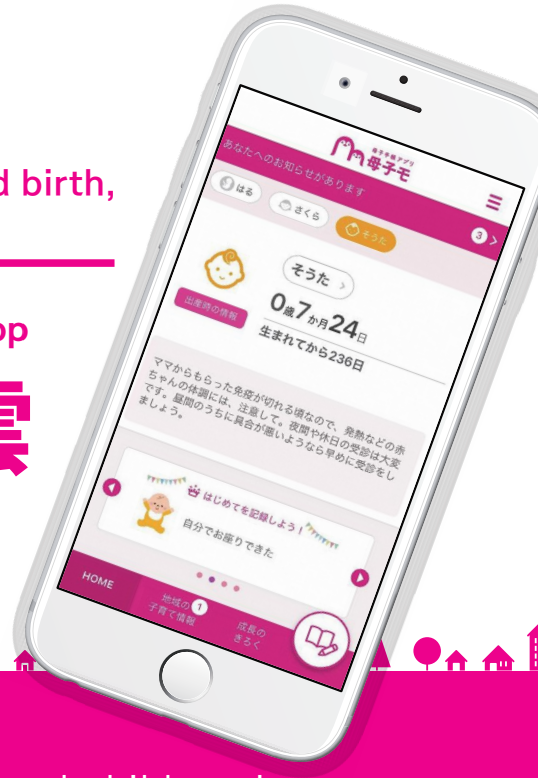


Free to use

Mother and Child Handbook app

すくすく出雲

by Boshimo



Vaccinations! Growth charts! Info about local childcare!

# The Mother and Child Handbook app connects you with your region

Vaccinations too!

**"Impossible" will become easy**

Tools to calculate and manage complicated vaccination schedules, so you don't have to worry



Growth charts too!

**Raising children will be fun for all**

Share your child's growth milestones and fun memories with your family



Info about local childcare too!

**You won't miss anything**

Information from the city, local institutions and events in the palm of your hand



Boshimo Search



or



Download on the App Store



GET IT ON Google Play



You can use Boshimo in other languages too! We offer Portuguese, Chinese, English, in total 10 different languages.

This service uses Google's website translation tool. When using Google's translation service, please check Google's terms of use.

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※This application uses the convenient functions characteristic of electronics to complement the hard copy Maternal and Child Health Handbook. You are required to bring the hard copy of the Maternal and Child Health Handbook for health checks and vaccinations.

※This service is developed and operated by the management of "Luna Luna", MTI Inc., under the commission of Izumo City.



# An app to support your parenting peace of mind by connecting you with the region



Vaccinations too!

There's so much to do it seems impossible! But we'll make it easier

Those pesky vaccination schedules which are so easy to forget will be easy to track from your smart phone

## Your phone will notify you automatically of the correct vaccination days

No need for you to coordinate the complicated vaccination schedule!

Input your child's birthday and the day of their last vaccination, and the app will automatically calculate the best date for the next one.

## Vaccine reminder function

As your child's scheduled vaccination day approaches, you will get a push notification reminder!

Don't worry about forgetting the scheduled day in your busy everyday life.



Growth charts too

Local information too!

Easily find info about local events

The anxiety of parenthood will turn to relief with information about local childcare!

## Local information

You won't miss any important childcare information from the city!

Get information about local book-reading events, and childcare and lifestyle tips.



## Simple searches for local childcare institutions

No trouble with finding an institution!

You can search for hospitals and other crucial facilities around the place where you live.

# Have fun tracking your child's growth and recording every day's memories!



Everyday will be a milestone to remember!

You can share "first steps," and all of your child's "firsts" with pictures.



Record and automatically graph maternity weight and baby's growth with ease!

See how much baby has grown with just a glance.



The data you record can be shared, so that Dad and parents who live far away can watch over your child's growth.

Watch a video to learn more!

Check out how to use this Mother and Child Handbook app Boshimo!



We would like to introduce the many useful functions of this app which goes along with a Mama's daily lifestyle from pregnancy through raising your kids. "When can I use this app?" You will find out by watching this video, so please take a look with your smartphone or computer.

Browse for it here



from this QR code



Inquiries about this content of this service

MTA Inc. Contact Center E-mail: boshi\_info@cc.mti.co.jp

Other inquiries

Izumo City Child Development Department, Child Policies Division

Phone : 0853-21-6963

Open hours : 8:30~17:15 (Excluding Saturdays, Sundays, public holidays, and new years holidays)

The online version is located here: /

URL : <https://www.mchh.jp>

For those in circumstances in which you cannot use the app, we have prepared an online version.

※The online version can be accessed on a computer.